

Course References

Agras W, Walsh T, Fairburn G, Wilson G, Kraemer H. A multicenter comparison of cognitive-behavioural therapy and interpersonal psychotherapy for bulimia nervosa. *Arch Gen Psychiatry* 2000;57:459-466.

Bass J, Neugebauer R, Clougherty K, Verdelli H, Wickramaratne P, Ndogoni L, et al. Group interpersonal psychotherapy for depression in rural Uganda: 6-month outcomes: randomised controlled trial. *Br J Psychiatry* 2006;188:567-73.

Bernecker S, Constantino M, Pazzaglia A, Ravitz P, McBride C. Patient interpersonal and cognitive changes and their relation to outcome in interpersonal psychotherapy for depression. *J Clin Psychol* 2014;70:518-527.

Bernecker SL, Constantino MJ, Atkinson LR, Bagby RM, Ravitz P, McBride C. Attachment style as a moderating influence on the efficacy of cognitive-behavioral and interpersonal psychotherapy for depression: a failure to replicate. *Psychother* 2016;55:22-33.

Bernecker SL, Coyne AE, Constantino MJ, Ravitz P. For whom does interpersonal psychotherapy work? A systematic review. *Clin Psychol Rev* 2017;56:82-93.

Betancourt T, Newnham E, Brennan R, Verdelli H, Borisova I, Neugebauer R, et al. Moderators of treatment effectiveness for war-affected youth with depression in northern Uganda. *J Adolesc Health* 2012;51:544-550.

Bhat A, Grote NK, Russo J, et al. Collaborative care for perinatal depression among socioeconomically disadvantaged women: adverse neonatal birth events and treatment response. *Psychiatr Serv* 2017;68:17-24.

Blom M, Hoek H, Spinhoven P, Hoencamp E, Haffmans J, van Dyck R. Treatment of Depression in patients from ethnic minority groups in the Netherlands. *Transcult Psychiatry* 2010;47:473-490.

Blom M, Spinhoven P, Hoffman T, Jonker K, Hoencamp E, Haffmans J, et al. Severity and duration of depression, not personality factors, predict short term outcome in the treatment of major depression. *J Affect Disord* 2007;104:119-126.

Bolton P, Bass J, Betancourt T, Speelman L, Onyango G, Clougherty K, et al. Interventions for depression symptoms among adolescent survivors of war and displacement in Northern Uganda. *JAMA* 2007;298:519-527.

Bolton P, Bass J, Neugebauer R, Verdelli H, Clougherty K, Wickramaratne P, et al. Group interpersonal psychotherapy for depression in rural Uganda. *JAMA* 2003;289:3117-3124.

Brown C, Schulberg H, Madonia M, Shea M, Houck P. Treatment outcomes for primary care patients with major depression and lifetime anxiety disorders. *Am J Psychiatry* 1996;153:1293-1300.

Browne G, Steiner M, Roberts J, Gafni A, Byrne C, Dunn E, et al. Sertraline and/or interpersonal psychotherapy for patients with dysthymic disorder in primary care: 6-month comparison with longitudinal 2-year follow-up of effectiveness and costs. *J Affect Disord* 2002;68:317-330.

Carter J, Luty S, McKenzie J, Mulder R, Frampton C, Joyce P. Patient predictors of response to cognitive Behav Ther and interpersonal psychotherapy in a randomised clinical trial for depression. *J Affect Disord* 2011;44:647–654.

Carter F, Jordan J, McIntosh V, Luty S, McKenzie J, Frampton C, et al. The long-term efficacy of three psychotherapies for anorexia nervosa: A randomized, controlled trial. *Int J Eat Disorder* 2011;44:647-654.

Carter JD, Crowe MT, Jordan J, McIntosh VVW, Frampton C, Joyce PR. Predictors of response to CBT and IPT for depression; the contribution of the therapy process. *Behav Res Ther* 2015;74:72-9.

Cicchetti D, Toth SL, Handley ED. Genetic moderation of interpersonal psychotherapy efficacy for low-income mothers with major depressive disorder: implications for differential susceptibility. *Dev Psychopathol* 2015;27:19-35.

Clougherty K, Verdeli H, Mufson L, Young J. Interpersonal psychotherapy: Effectiveness trials in rural Uganda and New York City. *Psychiatr Ann* 2006;36:566-572.

Constantino MJ, Coyne AE, Luukko EK, et al. Therapeutic alliance, subsequent change, and moderators of the alliance-outcome association in interpersonal psychotherapy for depression. *Psychother* 2017;54:125-35.

Coyne A.E., Constantino M.J., Ravitz P., McBride C. “The Interactive Effect of Patient Attachment and Social Support on Early Alliance Quality in Interpersonal Psychotherapy.” *J. Psychother. Integr.* Mar 2018;28(1):46-59. <http://dx.doi.org/10.1037/int0000074>

Crowe M, Luty S. Recovery from depression: a discourse analysis of interpersonal psychotherapy. *Nurs Inq* 2005;12:43-50.

Cuijpers P, Geraedts A, van Oppen P, Andersson G, Markowitz J, van Straten A. Interpersonal psychotherapy for depression: a meta-analysis. *Am J Psychiatry* 2011;168:581-592.

Cuijpers P, Karyotaki E, Weitz E, Andersson G, Hollon S, van Straten A. The effects of psychotherapies for major depression in adults on remission, recovery and improvement: A meta-analysis. *J Affect Disord* 2014;159, 118-126.

Cuijpers P, Donker T, Weissman MM, Ravitz P, Cristea IA. Interpersonal psychotherapy for mental health problems: a comprehensive meta-analysis. *Am J Psychiatry* 2016;173:680-7.

Cyranowski J, Frank E, Shear M, Swartz H, Fagiolini A, Scott J, et al. Interpersonal psychotherapy for depression with panic spectrum symptoms: A pilot study. *Depress Anxiety* 2005; 21:140-142.

Cyranowski J, Frank E, Winter E, Rucci P, Novick D, Pilkonis P, et al. Personality pathology and outcome in recurrently depressed women over 2 years of maintenance interpersonal psychotherapy. *Psychol Med* 2004;34:659-669.

Dennis, C-L, Grigoriadis, S, Zupancic, J, Kiss, A & Ravitz, P. “Effect of telephone-based interpersonal psychotherapy by trained nurses for the treatment of postnatal depression: a nation-wide randomised controlled trial.” *British Journal of Psychiatry* (2020). <http://dx.doi.org/10.1192/bjp.2019.275>

Dietz LJ, Weinberg RJ, Brent DA, Mufson L. Family-based interpersonal psychotherapy for depressed preadolescents: examining efficacy and potential treatment mechanisms. *J AM Acad Adolesc Psychiatry* 2015;54:191-9.

Dombrovski A, Lenze E, Dew M, Mulsant B, Pollock B, Houck P, et al. Maintenance treatment for old-age depression preserves health-related quality of life: a randomized, controlled trial of paroxetine and interpersonal psychotherapy. *JAGS* 2007;55:1325-32.

Ekeblad A, Falkenström F, Andersson G, Vestberg R, Holmqvist R. Randomized trial of interpersonal psychotherapy and cognitive behavioral therapy for major depressive disorder in a community-based psychiatric outpatient clinic. *Depress Anxiety* 2016;33:1090-8.

Ekeblad A, Falkenström F, Holmqvist R. Reflective functioning as predictor of working alliance and outcome in the treatment of depression. *J Consult Clin Psychol* 2016;84:67-78.

Elkin I, Shea M, Watkins J, Imber S, Sotsky S, Collins J, et al. National institute of mental health treatment of depression collaborative research program. *Arch Gen Psychiatry* 1989;46:971-982.

Elkin I, Gibbons R, Shea M, Sotsky S, Watkins J, Pilkonis P, et al. Initial severity and differential treatment outcome in the national institute of mental health treatment of depression collaborative research program. *J Consult Clin Psychol* 1995;63:841-7.

Elkin I, Gibbons R, Shea M, Shaw B. Science is not a trial (but it can sometimes be a tribulation). *J Consult Clin Psychol* 1996;64:92-103.

Elkin I. A major dilemma in psychotherapy outcome research: disentangling therapists from therapies. *APA* 1999;6:10-32.

Fairburn C, Jones R, Peveler R, Hope R, O'Connor M. Psychotherapy and Bulimia Nervosa. Longer term effects of interpersonal psychotherapy, behavior therapy, and cognitive behavior therapy. *Arch Gen Psychiatry* 1993;50:419-28.

Fairburn C, Norman P, Welch S, O'Connor M, Doll H, Peveler R. A prospective study of outcome in bulimia nervosa and the long-term effects of three psychological treatments. *Arch Gen Psychiatry* 1995;52:304-12.

Fairburn C, Bailey-Straebl S, Basden S, et al. A transdiagnostic comparison of enhanced cognitive behavior therapy (CBT-E) and interpersonal psychotherapy in the treatment of eating disorders. *Behav Res Ther* 2015;70:64-71.

Falkenström F, Ekeblad A, Holmqvist R. Improvement of the working alliance in one treatment session predicts improvement of depressive symptoms by the next session. *J Consult Clin Psychol* 2016;84:738-51.

Flores LE Jr, Cyranowski JM, Amole M, Swartz HA. Prospective assessment of social network quality among depressed mothers treated with brief psychotherapy: The Social Network Quality (SNQ) scales. *Compr Psychiatry* 2017;78:98-106.

Fluckiger C, Del Re A.C, Munder T, Heer S, Wampold B. Enduring effects of evidence-based psychotherapies in acute depression and anxiety disorders versus treatment as usual at follow-up: A longitudinal meta-analysis. *Clin Psychol Rev* 2014;34:367-75.

Frank E, Kupfer D, Perel J, et al. Three-year outcomes for maintenance therapies in recurrent depression. *Arch Gen Psychiatry* 1990;47:1093-9.

Frank E, Grochocinski V, Spanier C, et al. Interpersonal psychotherapy and antidepressant medication: Evaluation of a sequential treatment strategy in women with recurrent major depression. *J Clin Psychiatry*. 2000;61:51-7.

Frank E, Swartz H, Kupfer D. Interpersonal and social rhythm therapy: Managing the chaos of bipolar disorder. *Biol Psychiatry* 2000;48:593-604.

Frank E, Kupfer D, Thase M, et al. Two-year outcomes for interpersonal and social rhythm therapy in individuals with bipolar I disorder. *Arch Gen Psychiatry* 2005; 62:996-1004.

Frasure-Smith N, Koszycki D, Swenson JR, et al. Design and rationale for a randomized, controlled trial of interpersonal psychotherapy and citalopram for depression in coronary artery disease (CREATE). *Psychosom Med* 2006;68:87–93.

Gamble SA, Smith P, Poleshuck E, He H, Talbot N. Domain-specific social functioning improvements; during treatment of depressed women with histories of childhood sexual abuse. *J Affect Disord* 2011;130:478-82.

Gamble SA, Talbot NL, Cashman-Brown SM, et al. A pilot study of interpersonal psychotherapy for alcohol-dependent women with co-occurring major depression. *Subst Abus* 2013; 34:233-41.

Goldstein T, Fersch-Podrat R, Axelson D, et al. Early intervention for adolescents at high risk for the development for bipolar disorder: Pilot study of interpersonal and social rhythm therapist (IPSRT). *Psychother* 2014; 51:180-9.

Grote N, Bledsoe S, Swartz H, Frank E. Culturally relevant psychotherapy for perinatal depression in low income Ob/Gyn patients. *Clin Soc Work J* 2004; 32: 327-47.

Grote N, Swartz H, Geibel S, Zuckoff A, Houck P, Frank E. A randomized controlled trial of culturally relevant, brief interpersonal psychotherapy for perinatal depression. *Psychiatr Serv* 2009; 60: 3313-21.

Grote N, Spieker S, Lohr M, et al. Impact of childhood trauma on the outcomes of a perinatal depression trial. *Depress Anxiety* 2012; 29: 563-573.

Grote NK, Kanton WJ, Russo JE, et al. A randomized trial of collaborative care for perinatal depression in socioeconomically disadvantaged women: The impact of comorbid posttraumatic stress disorder. *J Clin Psychiatry* 2016;77:1527-37.

Gunlicks-Stoessel M, Mufson L, Cullen K, Klimes-Dougan B. A pilot study of depressed adolescents cortisol patterns during parent-adolescent conflict and response to interpersonal psychotherapy (IPT-A). *J Affect Disord* 2013;150:1125-8.

Heckman TG, Heckman BD, Anderson T, et al. Tele-interpersonal psychotherapy acutely reduces depressive symptoms in depressed HIV-infected rural persons: a randomized clinical trial. *Behav Med* 2017;43:285-95.

Hlastala SA, Kotler JS, McClellan JM, Mccauley EA. Interpersonal and social rhythm therapy for adolescents with bipolar disorder: Treatment development and results from an open trial. *Depress Anxiety*. 2010;27:457-64.

Hollon SD, Jarrett RB, Nierenberg AA, Thase ME, Trivedi M, Rush AJ. Psychotherapy and medication in the treatment of adult and geriatric depression: which monotherapy or combined treatment? *J Clin Psychiatry* 2005;66:455-68.

Horowitz JL, Garber J, Ciesla JA, Young JF, Mufson L. Prevention of depressive symptoms in adolescents: a randomized trial of cognitive-behavioral and interpersonal prevention programs. *J Consult Clin Psychol* 2007;75:693-706.

Huibers MJ, Breukelen GV, Roelofs J, et al. Predicting response to cognitive therapy and interpersonal therapy, with or without antidepressant medication, for major depression: a pragmatic trial in routine practice. *Journal of Affective Disorders* 2014;152-154:146-54.

Inder ML, Crowe MT, Luty SE, et al. Randomized, controlled trial of interpersonal and social rhythm therapy for young people with bipolar disorder. *Bipolar Disord* 2015;17:128-38.

Johnson JE, Price AB, Kao JC, et al. Interpersonal psychotherapy (IPT) for major depression following perinatal loss: a pilot randomized controlled trial. *Arch Womens Ment Health* 2016;19:845-59.

Johnson JE, Zlotnick C. A pilot study of group interpersonal psychotherapy for depression in substance-abusing female prisoners. *J Subst Abuse Treat* 2008;34:371-7.

Karyotaki E, Smit Y, de Beurs DP, et al. The long-term efficacy of acute-phase psychotherapy for depression: a meta-analysis of randomized trials. *Depress Anxiety* 2016;33:370-83.

Karyotaki E, Tordrup D, Buntrock C, et al. Economic evidence for the clinical management of major depressive disorder: a systematic review and quality appraisal of economic evaluations alongside randomised controlled trials. *Epidemiol Psychiatr Sci* 2017;26:501-16.

Klerman GL, Weissman MM. Interpersonal psychotherapy (IPT) and drugs in the treatment of depression. *Pharmacopsychiat* 1987;20:3-7.

Klerman GL, Budman S, Berwick D, et al. Efficacy of a brief psychosocial intervention for symptoms of stress and distress among patients in primary care. *Med Care* 1987;25:1078-1088.

Klerman GL. Evaluating the efficacy of psychotherapy for depression: the USA experience. *Eur Arch Psychiatr Neurol Sci* 1989;238:240-6.

Kobak KA, Lipsitz JD, Markowitz JC, Bleiberg KL. Web-based therapist training in interpersonal psychotherapy for depression: pilot study. *J Med Internet Res* 2017;19:doi:10.2196/jmir.7966.

Koszycki D, Bisscherbe J, Blier P, Bradwejn J, Markowitz J. Interpersonal psychotherapy versus brief supportive therapy for depressed infertile women: first pilot randomized controlled trial. *Arch Womens Ment Health* 2012;15:193-201.

Krupnick JL, Elkin I, Collins J, et al. Therapeutic alliance and clinical outcome in the NIMH treatment of depression collaborative research program: preliminary findings. *Psychother* 1994;31:28-35.

Krupnick JL, Sotsky SM, Simmens S, et al. The role of the therapeutic alliance in psychotherapy and pharmacotherapy outcome: findings in the national institute of mental health treatment of depression collaborative research program. *J Consult Clin Psychol* 1996;64:532-9.

Krupnick JL, Green BL, Stockton P, Miranda J, Krause E, Mete M. Group interpersonal psychotherapy for low-income women with posttraumatic stress disorder. *Psychother Res* 2008;18:497-507.

Krupnick JL, Melnikoff E, Reinhard M. A pilot study of interpersonal psychotherapy for PTSD in women veterans. *Psychiatry* 2016;79:56-69.

Krupnick JL. Gender differences in trauma types and themes in veterans with posttraumatic stress disorder. *J Loss Trauma* 2017;22:514-25.

Lanius R, Vermetten E, Pain C. *The impact of early life trauma on health and disease: the hidden epidemic*. 2010. Cambridge University Press.

Lemmens LH, Arntz A, Peeters FP, Hollon SD, Roefs A, Huibers MJ. Clinical effectiveness of cognitive therapy vs. interpersonal therapy for depression: results of a randomised controlled trial. *Psychol Med* 2015;45:2095-110.

Lemmens LH, Galindo-Garre F, Arntz A, et al. Exploring mechanisms of change in cognitive therapy and interpersonal psychotherapy for adult depression. *Behav Res Ther* 2017;94:81-92.

Lenze SN, Cyranowski JM, Thompson WK, Anderson B, Frank E. The cumulative impact of nonsevere life events predicts depression recurrence during maintenance treatment with interpersonal psychotherapy. *J Consult Clin Psychol* 2008;76:979-87.

Lenze SN, Potts MA. Brief Interpersonal Psychotherapy for depression during pregnancy in a low-income population: a randomized controlled trial. *J Affect Disord* 2017;210:151-7.

Lesperance F, Frasere-Smith N, Koszycki D. Effects of citalopram and interpersonal psychotherapy on depression in patients with coronary artery disease. *JAMA* 2007;297:367-379.

Levenson JC, Frank E, Cheung Y, et al. Comparative outcomes among the problem areas of interpersonal psychotherapy for depression. *Depress Anx* 2010;27:434-40.

Lipsitz JD, Markowitz JC, Cherry S, Fyer AJ. Open trial of interpersonal psychotherapy for the treatment of social phobia. *Am J Psychiatry* 1999;156:1814-1816.

Lipsitz JD, Guv M, Miller NL, Forand N, Vermes D, Fyer AJ. An open pilot study of interpersonal psychotherapy for panic disorder (IPT-PD). *J Nerv Ment Dis* 2006;194:440-445.

Lipsitz JD, Gur M, Vermes D, et al. A randomized trial of interpersonal therapy versus supportive therapy for social anxiety disorder. *Depress Anxiety* 2008;25:542–53.

Lipsitz JD, Markowitz JC. Mechanisms of change in interpersonal therapy (IPT). *Clin Psychol Rev* 2013;33:1134–47.

Luty SE, Carter JD, McKenzie JM, et al. Randomised controlled trial of interpersonal psychotherapy and cognitive-behavioural therapy for depression. *Br J Psychiatry* 2007;190:496-502.

Markowitz JC, Klerman GL, Perry SW. Interpersonal Psychotherapy of depressed HIV-positive outpatients. *Hosp Community Psychiatry* 1992;43:885-90.

Markowitz JC, Klerman GL, Clougherty KF, et al. Individual psychotherapies for depressed HIV-positive patients. *Am J Psychiatry* 1995;152:1504-9.

Markowitz JC, Kocsis JH, Fishman B, et al. Treatment of depressive symptoms in human immunodeficiency virus-positive patients. *Arch Gen Psychiatry* 1998;55:452-7.

Markowitz JC, Milrod B, Bleiberg K, Marshall RD. Interpersonal factors in understanding and treating posttraumatic stress disorder. *J Psychiatr Pract* 2009;15:133-40.

Markowitz JC, Lipsitz J, Milrod BL. Critical review of outcome research on interpersonal psychotherapy for anxiety disorders. *Depress Anxiety* 2014;31:316-25.

Markowitz JC, Milrod BL. What to do when a psychotherapy fails. *Lancet Psychiat* 2015; 2:186-90.

Markowitz JC, Petkova E, Neria Y, et al. Is exposure necessary? A randomized clinical trial of interpersonal psychotherapy for PTSD. *Am J Psychiatry* 2015; 172:5.

Markowitz JC, Neria Y, Lovell K, Van Meter PE, Petkova E. History of sexual trauma moderates psychotherapy outcome for posttraumatic stress disorder. *Depress Anxiety* 2017;34:692-700.

Matsuzaka CT, Wainberg M, Pala AN. Task shifting interpersonal counseling for depression: a pragmatic randomized controlled trial in primary care. *BMC Psychiatry* 2017;17:225.

McBride C, Zuroff DC, Ravitz P, et al. Autonomous and controlled motivation and interpersonal therapy for depression: moderating role of recurrent depression. *Br J Clin Psychol* 2010;49:529-45.

McIntosh V, Jordan J, Carter FA, et al. Three psychotherapies for anorexia nervosa: A randomized, controlled trial. *Am J Psychiatry* 2005;162:741–7.

Meffert SM, Abdo AO, Alla OA, Elmakki Y, Metzler TJ, Marmar CR. A pilot randomized controlled trial of interpersonal psychotherapy for Sudanese refugees in Cairo, Egypt. *Psychol Trauma-US* 2014;6:240–9.

Menchetti M, Bortolotti B, Rucci P, et al. Depression in primary care: interpersonal counselling vs selective serotonin reuptake inhibitors. The DEPICS study. A multicentre randomized controlled trial. Rationale and design. *BMC Psychiatry* 2010;10:97.

Menchetti M, Rucci P, Bortolotti B, et al. Moderators of remission with interpersonal counselling or drug treatment in primary care patients with depression: Randomised controlled trial. *Br J Psychiatry* 2014;204:144-50.

Miniati M, Rucci P, Benvenuti A, et al. Clinical characteristics and treatment outcome of depression in patients with and without a history of emotional and physical abuse. *J Psychiatry Res* 2010;44:302-9.

Miniati M, Callari A, Calugi S, et al. Interpersonal psychotherapy for postpartum depression: A systematic review. *Arch Womens Ment Health* 2014;17:257-68.

Mufson L, Moreau D, Weissman MM, Wickramaratne P, Martin J, Samoilov A. Modification of interpersonal psychotherapy with depressed adolescents (IPT-A): phase I and II studies. *J Am Acad Child Adolesc Psychiatry* 1994;33:695-705.

Mufson L, Weissman MM, Moreau D, Garfinkel R. Efficacy of interpersonal psychotherapy for depressed adolescents. *Arch Gen Psychiatry* 1999;56:573-9.

Mufson L, Dorta KP, Wickramaratne P, Nomura Y, Olfson M, Weissman MM. A randomized effectiveness trial of interpersonal psychotherapy for depressed adolescents. *Arch Gen Psychiatry* 2004;61:577-84.

Mufson L, Dorta KP, Olfson M, Weissman MM, Hoagwood K. Effectiveness research: transporting interpersonal psychotherapy for depressed adolescents (IPT-A) from the lab to school-based health clinics. *Clin Child and Fam Psychol Rev* 2004; 7: 251-61.

Mufson L, Yanes-Lukin P, Anderson G. A pilot study of brief IPA-A delivered in primary care. *Gen Hosp Psychiatry* 2015;37:481-4.

Mulder R, Boden J, Carter J, Luty S, Joyce P. Ten month outcome of cognitive behavioural therapy v. interpersonal psychotherapy in patients with major depression: a randomised trial of acute and maintenance psychotherapy. *Psychol Med* 2017;47:2540-7.

Mulcahy R, Reay RE, Wilkinson RB, Owen C. A randomised control trial for the effectiveness of group interpersonal psychotherapy for postnatal depression. *Arch Womens Ment Health* 2010;13:125–39.

Mulsant BH, Alexopoulos GS, Reynolds CF III, Katz IR, Abrams R, Oslin D, Schulberg HC, PROSPECT Study Group. Pharmacological treatment of depression in older primary care patients: the PROSPECT algorithm. *Int J Geriatr Psychiatry* 2001;16:585-92.

Neugebauer R, Kline J, Bleiberg K, et al. Preliminary open trial of interpersonal counselling for subsyndromal depression following miscarriage. *Depress Anxiety* 2007;24:219-22.

O'Hara MW, Stuart S, Gorman LL, Wenzel A. Efficacy of interpersonal psychotherapy for postpartum depression. *Arch Gen Psychiatry* 2000;57:1039-45.

Oranta O, Luutonen S, Salokangas RKR, Vahlberg T, Leino-Kilpi H. The effects of interpersonal counselling on health-related quality of life after myocardial infarction. *J Clin Nurs* 2011;20:3373–82.

Oswald DP, Mazefsky CA. Empirically supported psychotherapy interventions for internalizing disorders. *Psychol Schools* 2006;43:439-49.

- Ozer U, Yuksel G. Interpersonal psychotherapy in the treatment of perinatal complicated grief: A case who experienced intrauterine loss of twins. *JMOOD* 2016;6:20-4.
- Parikh SV, Quilty LC, Ravitz P, et al. Canadian Network for Mood and Anxiety Treatments (CANMAT) 2016 clinical guidelines for the management of adults with major depressive disorder: section 2. Psychological treatments. *Can J Psychiatry* 2016;61:524-39.
- Park RJ, Goodyer IM. Clinical guidelines for depressive disorders in childhood and adolescence. *Euro Child Adolesc Psychiatry* 2000;9:147-61.
- Patel V, Araya R, Chatterjee S, et al. Treatment and prevention of mental disorders in low-income and middle-income countries. *The Lancet* 2007;370:991-1005.
- Patel V. Mental health in low-and middle-income countries. *Br Med Bull* 2007;81:81-96.
- Patel VH, Kirkwood BR, Pednekar S, et al. Improving the outcomes of primary care attenders with common mental disorders in developing countries: a cluster randomized controlled trial of a collaborative stepped care intervention in Goa, India. *Trials* 2008;9:1-11.
- Patel V, Weiss HA, Chowdhary N, et al. Effectiveness of an intervention led by lay health counsellors for depressive and anxiety disorders in primary care in Goa, India (MANAS): a cluster randomised controlled trial. *Lancet* 2010;376: 2086–95.
- Peeters F, Huibers M, Roelofs J, et al. The clinical effectiveness of evidence-based interventions for depression: a pragmatic trial in routine practice. *J Affect Disord* 2013; 145:349-55.
- Petersen I, Bhana A, Ballie K. The feasibility of adapted group-based interpersonal therapy (IPT) for the treatment of depression by community health workers within the context of task shifting in South Africa. *Community Ment Health J* 2012;48:336-41.
- Petersen I, HanassHancock J, Bhana A, Govender K. A group-based counselling intervention for depression comorbid with HIV/AIDS using a task shifting approach in South Africa: A randomized controlled pilot study. *J Affect Disord* 2014;158:78–84.
- Pilling S, Anderson I, Goldberg D, Meader N, Taylor C. Depression in adults, including those with a chronic physical health problem: summary of NICE guidance. *BMJ* 2009;339:b4108
- Poleshuck EL, Gamble SA, Bellenger K, et al. Randomized controlled trial of interpersonal psychotherapy versus enhanced treatment as usual for women with co-occurring depression and pelvic pain. *J Psychosom Res* 2014;77:264–72.
- Posmontier B, Neugebauer R, Stuart S, Chittams J, Shaughnessy R. Telephone-administered interpersonal psychotherapy by nurse-midwives for postpartum depression. *J Midwifery Womens Health* 2016;61:456-66
- Ravitz P, Maunder R, McBride C. Attachment, contemporary interpersonal theory and IPT: an integration of theoretical, clinical, and empirical perspectives. *J Contemp Psychother* 2008;38:11-21.
- Ravitz P, Maunder R, Hunter J, Sthankiya B, Lancee W. “Adult Attachment Measures: a 25-year Review”. *J of Psychosomatic Research*. (2010) 69: 419-432.

Ravitz P, McBride C, Maunder R. Failures in interpersonal psychotherapy (IPT): factors related to treatment resistances. *J Clin Psychol* 2011; 67:1129-39.

Ravitz P, Watson P & Grigoriadis S. *Psychotherapy Essentials to Go: Interpersonal Psychotherapy for Depression*. Eds: Ravitz P & Maunder R. 2013. New York: WW Norton and Psychotherapy.net.

Ravitz P, Wondimagegn D, Pain C, et al. Psychotherapy knowledge translation and interpersonal psychotherapy: using best-education practices to transform mental health care in Canada and Ethiopia. *Am J Psychother* 2014;68: 463-88.

Ravitz P., Watson, P., Lawson, A., Constantino, M.J., Bernecker, S., Park, J., Swartz, H.A. “Interpersonal Psychotherapy: A Scoping Review and Historical Perspective (1974–2017).” *Harvard Review of Psychiatry*. (2019). [May/June 2019 - Volume 27 - Issue 3 - p 165-180](#). DOI: 10.1097/HRP.0000000000000219

Reay R, Stuart S, Owen C. Implementation and effectiveness of interpersonal psychotherapy in a community mental health service. *Australas Psychiatry* 2003;11:284-9.

Reay R, Fisher Y, Robertson M, Adams E, Owen C, Kumar R. Group interpersonal psychotherapy for postnatal depression: a pilot study. *Arch Women’s Ment Health* 2006;9:31-9.

Reay RE, Mulcahy R, Wilkinson RB, Owen C, Shadbolt B, Raphael B. The development and content of an interpersonal psychotherapy group for postnatal depression. *Int J Group Psychother* 2012;62:221-51.

Reay RE, Owen C, Shadbolt B, Raphael B, Mulcahy R, Wilkinson RB. Trajectories of long-term outcomes for postnatally depressed mothers treated with group interpersonal psychotherapy. *Arch Women’s Ment Health* 2012;15:217-28.

Reinares M, Sanchez-Moreno J, Fountoulakis KN. Psychosocial interventions in bipolar disorder: what, for whom, and when. *J Affect Disord* 2014;156:46-55.

Remschmidt H. Evidence concerning the effectiveness of psychotherapies with children and adolescents. *Curr Opin Psychiatry* 2003;16:389-93.

Reyes-Portillo JA, McGlinchey EL, Yanes-Lukin PK, Turner JB, Mufson L. Mediators of interpersonal psychotherapy for depressed adolescents on outcomes in Latinos: The role of peer and family interpersonal functioning. *Journal of Latina/o Psychology* 2017;5:248-60.

Reynolds CF, Frank E, Perel JM, et al. Combined pharmacotherapy and psychotherapy in the acute and continuation treatment of elderly patients with recurrent major depression: a preliminary report. *Am J Psychiatry* 1992;149:1687-92.

Reynolds CF, Frank E, Perel JM, et al. Treatment of consecutive episodes of major depression in the elderly. *Am J Psychiatry* 1994;151:1740-3.

Reynolds CF, Frank E, Kupfer DJ, et al. Treatment outcome in recurrent major depression: a post hoc comparison of elderly (“young old”) and midlife patients. *Am J Psychiatry* 1996;151:1288-92.

Reynolds CF, Frank E, Houck PR, et al. Which elderly patients with remitted depression remain well with continued interpersonal psychotherapy after discontinuation of antidepressant medication? *Am J Psychiatry* 1997;154:958-62.

Reynolds CF, Dew MA, Frank E, et al. Effects of age at onset of first lifetime episode of recurrent major depression on treatment response and illness course in elderly patients. *Am J Psychiatry* 1998;155:795-9.

Reynolds CF, Frank E, Dew MA, et al. Treatment of 70(+)-year-olds with recurrent major depression. Excellent short-term but brittle long-term response. *Am J Geriatr Psychiatry* 1999;7:64-9.

Reynolds CF, Frank E, Perel JM, et al. Nortriptyline and interpersonal psychotherapy as maintenance therapies for recurrent major depression: a randomized controlled trial in patients older than 59 years. *JAMA* 1999;281:39-45.

Reynolds CF, Miller MD, Pasternak RE, et al. Treatment of bereavement-related major depressive episodes in later life: a controlled study of acute and continuation treatment with nortriptyline and interpersonal psychotherapy. *Am J Psychiatry* 1999;156:202-8.

Reynolds CF, Kupfer DJ. Depression and aging: a look to the future. *Psychiatr Serv* 1999;50:1167-72.

Reynolds CF, Dew MA, Martire LM, et al. Treating depression to remission in older adults: a controlled evaluation of combined escitalopram with interpersonal psychotherapy versus escitalopram with

Rieger E, Van Buren DJ, Bishop M, Tanofsky-Kraff M, Welch R, Wilfley DE. An eating disorder-specific model of interpersonal psychotherapy (IPT-ED): causal pathways and treatment implications. *Clin Psychol Rev* 2010;30:400-10.

Robertson M, Rushton P, Batrim D, Moore E, Morris P. Open trial of interpersonal psychotherapy for chronic posttraumatic stress disorder. *Australas Psychiatry* 2007;15:375-379.

Royal Australian and New Zealand College of Psychiatrists Clinical Practice Guidelines Team for Depression. Australian and New Zealand clinical practice guidelines for the treatment of depression. *Aust N Z J Psychiatry* 2004;38:389-407.

Rucci P, Frank E, Scocco P, Calugi S, Miniati M, Fagiolini A, Cassano GB. Treatment-Emergent Suicidal Ideation During 4 Months of Acute Management of Unipolar Major Depression With SSRI Pharmacotherapy Or Interpersonal Psychotherapy in a Randomized Clinical Trial. *Depress Anxiety* 2011;28:303-9.

Safran JD, Muran JC, Eubanks-Carter C. *Repairing Alliance Ruptures*. *Psychotherapy*, 2011. 48(1): 80-87.

Schramm E, van Calker D, Dykieriek P, et al. An intensive treatment program of interpersonal psychotherapy plus pharmacotherapy for depressed inpatients: acute and long-term results. *Am J Psychiatry* 2007;164:768-77.

Schramm E, Schneider D, Zobel I, et al. Efficacy of interpersonal psychotherapy plus pharmacotherapy in chronically depressed patients. *J Affect Disord* 2008;108:65-73.

Schramm E, Zobel I, Dykierek P, et al. Cognitive behavioral analysis system of psychotherapy versus interpersonal psychotherapy for early-onset chronic depression: A randomized pilot study. *J Affect Disord* 2011;129:109-16.

Schulberg HC, Raue PJ, Rollman BL. The effectiveness of psychotherapy in treating depressive disorders in primary care practice: clinical and cost perspectives. *Gen Hosp Psychiatry* 2002;24:203-12.

Schweizer S, Peeters F, Huibers M, Roelofs J, Os JV, Arntz A. Does illness attribution affect treatment assignment in depression? *Clin Psychol Psychother* 2010;17:418–26.

Shear K, Frank E, Houck PR, Reynolds CF. Treatment of complicated grief: a randomized controlled trial. *JAMA* 2005;293:2601-08.

Shear MK, Wang Y, Skritskaya N, Duan N, Mauro C, Ghesquiere A. Treatment of complicated grief in elderly persons: a randomized clinical trial. *JAMA Psychiatry* 2014;71:1287-95.

Spinelli MG, Endicott J, Leon AC, et al. A controlled clinical treatment trial of interpersonal psychotherapy for depressed pregnant women at 3 New York city sites. *J Clin Psychiatry* 2013;74:393-9.

Spinelli MG, Endicott J, Goetz RR, Segre LS. Reanalysis of efficacy of interpersonal psychotherapy for antepartum depression versus parenting education program: initial severity of depression as a predictor of treatment outcome. *J Clin Psychiatry* 2016;77:535-40.

Stewart JG, Harkness KL. Symptom specificity in the acute treatment of major depressive disorder: a re-analysis of the treatment of depression collaborative research program. *J Affect Disord* 2012;137:87-97.

Stewart MO, Raffa SD, Steele JL, et al. National dissemination of interpersonal psychotherapy for depression in veterans: therapist and patient-level outcomes. *J Consult Clin Psychol* 2014;82:1201-6.

Swartz HA, Frank E, Shear MK, Thase ME, Fleming MA, Scott J. A pilot study of brief interpersonal psychotherapy for depression among women. *Psychiatr Serv* 2004;55:448-50.

Swartz HA, Zuckoff A, Frank E, et al. An open-label trial of enhanced brief interpersonal psychotherapy in depressed mothers whose children are receiving psychiatric treatment. *Depress Anxiety* 2006;23:398-404.

Swartz HA, Frank E, Zuckoff A, et al. Brief interpersonal psychotherapy for depressed mothers whose children are receiving psychiatric treatment. *Am J Psychiatry* 2008;165:1155-62.

Swartz HA, Frank E, Frankel DR, Novick D, Houck P. Psychotherapy as monotherapy for the treatment of bipolar II depression: a proof of concept study. *Bipolar Disord* 2009;11:89-94.

Swartz HA, Frank E, O'Toole K, et al. Implementing interpersonal and social rhythm therapy for mood disorders across a continuum of care. *Psychiatr Serv* 2011;62:1377-80.

Swartz HA, Frank E, Cheng Y. A randomized pilot study of psychotherapy and quetiapine for the acute treatment of bipolar II depression. *Bipolar Disord* 2012;14:211–6.

Swartz HA, Levenson JC, Frank E. Psychotherapy for bipolar II disorder: the role of interpersonal and social rhythm therapy. *Prof Psychol Res Pr* 2012;43:145-153.

- Swartz HA. IOM report on psychosocial interventions for mental and substance use disorders: the interpersonal psychotherapy perspective. *Depress Anxiety* 2015; 32:792-5.
- Swartz HA, Cyranowski JM, Cheng Y. Brief psychotherapy for maternal depression: impact on mothers and children. *J Am Acad Child Adolesc Psychiatry* 2016;55:495–503.
- Talbot NL, Chaudron LH, Ward EA, Duberstein PR, Conwell Y, et al. A randomized effectiveness trial of interpersonal psychotherapy for depressed women with sexual abuse histories. *Psychiatr Serv* 2011;62:374-80.
- Tang TC, Jou SH, Ko CH, Huang SY, Yen CF. Randomized study of school-based intensive interpersonal psychotherapy for depressed adolescents with suicidal risk and parasuicide behaviors. *Psychiatry Clin Neurosci* 2009;63:463–70.
- Tanofsky-Kraff M, Wilfley DE, Young JF. Preventing excessive weight gain in adolescents: interpersonal psychotherapy for binge eating. *Obesity* 2007;15:1345-55.
- Tanofsky-Kraff M, Wilfley DE, Young JF, et al. A pilot study of interpersonal psychotherapy for preventing excess weight gain in adolescent girls at-risk for obesity. *Int J Eat Disord* 2010;43:701–6.
- Tanofsky-Kraff M. Psychosocial preventive interventions for obesity and eating disorders in youths. *Int Rev Psychiatry* 2012;24:262-70.
- Tanofsky-Kraff M, Shomaker LB, Wilfley DE, et al. Targeted prevention of excess weight gain and eating disorders in high-risk adolescent girls: a randomized controlled trial. *Am J Clin Nutr* 2014;100:1010–8.
- Tanofsky-Kraff M, Shomaker LB, Wilfley DE, et al. Excess weight gain prevention in adolescents: three-year outcome following a randomized controlled trial. *J Consult Clin Psychol* 2017;85:218–27.
- Thurman TR, Nice J, Taylor TM, LUCKETT B. Mitigating depression among orphaned and vulnerable adolescents: a randomized controlled trial of interpersonal psychotherapy for groups in South Africa. *Child Adolesc Ment Health* 2017;22:224-31.
- Tompkins KA, Swift JK, Rousmaniere TG, Whipple JL. The relationship between clients' depression etiological beliefs and psychotherapy orientation preferences, expectations, and credibility beliefs. *Psychother* 2017;54:201-6.
- Toth SL, Rogosch FA, Oshri A, Gravener-Davis J, Sturm R, Morgan-López AA. The efficacy of interpersonal psychotherapy for depression among economically disadvantaged mothers. *Dev Psychopathol* 2013;25:1065–78.
- Verdeli H, Clougherty K, Bolton P, et al. Adapting group interpersonal psychotherapy for a developing country: experience in rural Uganda. *World Psychiatry* 2003; 2:114-20.
- Verdeli H, Ferro T, Wickramaratne P, Greenwald S, Blanco C, Weissman MM. Treatment of depressed mothers of depressed children: pilot study of feasibility. *Depress Anxiety* 2004; 19: 51-8.
- Verdeli H, Clougherty K, Onyango G, et al. Group interpersonal psychotherapy for depressed youth in IDP camps in northern Uganda: adaptation and training. *Child Adolesc Psychiatric Clin N Am* 2008;17:605-24.

Verdeli H. Toward building feasible, efficacious and sustainable treatments for depression in developing countries. *Depress Anxiety* 2008;25:899-902.

Verdeli H, Therosme T, Eustache E, et al. Community norms and human rights: supervising Haitian colleagues on interpersonal psychotherapy (IPT) with a depressed and abused pregnant woman. *J Clin Psychol* 2016;72:847-55.

Weissman MM, Klerman GL, Paykel ES, Prusoff B, Hanson B. Treatment effects on the social adjustment of depressed patients. *Arch Gen Psychiatry* 1974; 30: 771-8.

Weissman MM, Prusoff BA, Dimascio A, Neu C, Goklaney M, Klerman GL. The efficacy of drugs and psychotherapy in the treatment of acute depressive episodes. *Am J Psychiatry* 1979;136:555-8.

Weissman M, Verdeli H. Interpersonal psychotherapy: evaluation, support, triage. *Clin Psychol Psychother* 2012; 19: 106-12.

Weissman M, Cuijpers P. Psychotherapy over the last four decades. *Harv Rev Psychiatry* 2017;25:155-158.

Weissman MM, Markowitz JC, Klerman GL. *The Guide to Interpersonal Psychotherapy* 2018 Oxford University Press.

Wilfley DE, Agras WS, Telch CF, et al. Group cognitive-behavioral therapy and group interpersonal psychotherapy for the nonpurging bulimic individual: a controlled comparison. *J Consult Clin Psychol* 1993; 61: 296-305.

Wilfley DE, Welch RR, Stein RI, et al. A randomized comparison of group cognitive-behavioral therapy and group interpersonal psychotherapy for the treatment of overweight individuals with binge-eating disorder. *Arch Gen Psychiatry* 2002; 59: 713-21.

Wilfley DE, Agras WS, Taylor CB. Reducing the burden of eating disorders: a model for population-based prevention and treatment for university and college campuses. *Int J Eat Disord* 2013;46:529-32.

World Health Organization and Columbia University. *Group Interpersonal Therapy (IPT) for depression*. Geneva: World Health Organization, 2016.

Young JF, Mufson L, Davies M. Impact of comorbid anxiety in an effectiveness study of interpersonal psychotherapy for depressed adolescents. *J Am Acad Child Adolesc Psychiatry* 2006;45:904-12.

Young JF, Mufson L, Davies M. Efficacy of interpersonal psychotherapy-adolescent skills training: an indicated preventive intervention for depression. *J Child Psychol Psychiatry* 2006;47:1254-62.

Young JF, Mufson L, Gallop R. Preventing depression: a randomized trial of interpersonal psychotherapy-adolescent skills training. *Depress Anxiety* 2010;27:426-33.

Young JF, Kranzler A, Gallop R, Mufson L. Interpersonal psychotherapy-adolescent skills training: effects on school and social functioning. *School Ment Health* 2012;4:254-64.

Young JF, Makover HB, Cohen JR, Mufson L, Gallop RJ, Benas JS. Interpersonal psychotherapy-adolescent skills training: anxiety outcomes and impact of comorbidity. *J Clin Child Adolesc Psychol* 2012;41:640-53.

Young JF, Benas JS, Schueler CM, Gallop R, Gillham JE, Mufson L. A randomized depression prevention trial comparing interpersonal psychotherapy—adolescent skills training to group counseling in schools. *Prev Sci* 2016;17:314-24.

Zhou S-G, Hou Y-F, Liu D, Zhang X-Y. Effect of cognitive behavioral therapy versus interpersonal psychotherapy in patients with major depressive disorder: a meta-analysis of randomized controlled trials. *Chin Med J* 2017;130:2844-51.

Zlotnick C, Johnson SL, Miller IW, Pearlstein T, Howard M. Postpartum depression in women receiving public assistance: pilot study of an interpersonal-therapy-oriented group intervention. *Am J Psychiatry* 2001;158:638-40.

Zlotnick C, Miller IW, Pearlstein T, Howard M, Sweeney P. A preventive intervention for pregnant women on public assistance at risk for postpartum depression. *Am J Psychiatry* 2006;163:1443-5.

Zlotnick C, Capezza NM, Parker D. An interpersonally based intervention for low-income pregnant women with intimate partner violence: a pilot study. *Arch Womens Ment Health* 2011;14:55-65.

Zlotnick C, Tzilos G, Miller I, Seifer R, Stout R. Randomized controlled trial to prevent postpartum depression in mothers on public assistance. *J Affect Disord* 2016;189:263-8.

Zuroff DC, Koestner R, Moskowitz DS, McBride C, Marshall M, Bagby RM. Autonomous motivation for therapy: a new common factor in brief treatments for depression. *Psychother Res* 2007;17:137-47.

Zuroff DC, Shahar G, Blatt SJ, Kelly AC, Leybman MJ. Predictors and moderators of between-therapists and within-therapist differences in depressed outpatients' experiences of the Rogerian conditions. *J Couns Psychol* 2016;63:162-72.

Zuroff DC, McBride C, Ravitz P, Koestner R, Moskowitz DS, Bagby RM. Autonomous and controlled motivation for interpersonal therapy for depression: between-therapists and within-therapist effects. *J Couns Psychol* 2017;64:525-37.